

Easy Pork Parmigiana

SERVES: 4 | TOTAL TIME: 25 MINUTES

INGREDIENTS

- 600 g pork medallions
- ¼ cup plain flour
- 1 egg
- 1 cup panko breadcrumbs
- ½ cup finely grated parmesan
- 1 tablespoon olive oil
- 1 tablespoon butter
- 250 g tomato medley or mini roma tomatoes, halved lengthways
- · 220 g tub bocconcini, drained and torn
- ¼ cup small fresh basil leaves

DIRECTIONS

- 1. Line a baking tray with baking paper. Place a pork medallions between 2 sheets of plastic wrap and using a meat mallet, gently flatten to ½ cm thick. Repeat with remaining pork medallions.
- 2. Place flour into a shallow bowl. Whisk egg in a shallow bowl. Combine breadcrumbs and parmesan in another shallow bowl.
- 3. Lightly coat pork medallions with flour, then coat with egg and press into the breadcrumb mixture.
- 4. Heat oil and butter in a frying pan over a medium heat. Add pork medallions and cook for 3 minutes on each side or until golden and just cooked through. Transfer to a baking tray.
- 5. Preheat a grill on high. Scatter tomatoes over pork medallions and top with bocconcini. Place under the grill and cook for 3 to 4 minutes until cheese is melted and bubbling.
- 6. Scatter with basil leaves and serve with a crunchy green salad.

